

When You Are in My Seat

Activities for Discussion, Reflection, Evaluation

ICEBREAKERS AND TEAM BUILDERS TO BUILD COMMUNITY

OBJECTIVES

- For the group to reflect on various experiences
- To share different perspectives

MATERIALS


- Download **MY YEAR IN REFLECTION HANDOUT** from **BUILDINGINTENTIONAL COMMUNITIES.COM** and make one copy per participant.
- Blank greeting cards or paper
- Pens
- Envelopes
- A music player

SETUP

- None

INSTRUCTIONS

1. As your program draws to a close, **explain** to the group that **as part of our reflection process, we are each going to write a letter that will be given to the next group of participants who join this program.**
2. **Pass out** the **MY YEAR IN REFLECTION HANDOUT** and have participants **answer** the questions.
3. When they are done, **give them a blank greeting card or a piece of paper** and have them **write a letter or card** to future participants.
4. If you have any special traditions or **"surprise" activities** you don't want participants to spoil, make sure to tell them ahead of time not to write about that.
5. Have participants **read their letter out loud** to the group and **get feedback.**
6. Ask participants to **sign their letter** so that future participants might recognize them as part of their community.

CONTINUED 

When You Are in My Seat continued

7. **Seal** each letter in an envelope and **store** them in a safe place for the future to distribute to the next group as part of your orientation.

DEBRIEF

- **What would you have liked to know before you started this program?**
- **What do you hope future groups will experience from this program?**
- **If you could offer future participants some piece of wisdom, what would you share?**