

# Tic-Tac-Toe

Activities to Build Trust

ICEBREAKERS AND TEAM BUILDERS TO BUILD COMMUNITY

## OBJECTIVES

- To define the characteristics of a good relationship
- To gain insight into our own healthy relationship qualities

## MATERIALS

- Paper
- Pens and pencils
- Template of tic-tac-toe grid

## SETUP

- None

## INSTRUCTIONS

1. Explain to the group that they will play a **unique game of tic-tac-toe**.
2. Pass out a **piece of paper and a pen** to each participant and instruct them to **draw a large tic-tac-toe grid** on the paper.
3. In each box, they should **write down one characteristic that is important to a healthy relationship**.
4. When they are done, ask participants to mingle around the room and find other participants that can **sign any box that they can honestly say represents a characteristic or quality** they have.
5. Each person can only sign another person's paper **in one spot**.
6. Explain that the first person to get **three signatures in a row** should **call out, "Three in a row!"**
7. This person is the tic-tac-toe **winner**.

CONTINUED



# Tic-Tac-Toe continued

## DEBRIEF

- How did it feel when someone asked you to sign for a quality that you don't feel that you have?
- Was there a characteristic that was difficult to find somebody to sign for?
- Do you have relationships in your life right now that fit the qualities you included on your grid?
- Can you identify one characteristic on your grid that you do not yet possess?