

# Team Résumé

Activities to Build Trust

ICEBREAKERS AND TEAM BUILDERS TO BUILD COMMUNITY

## OBJECTIVES

- To identify and articulate one's own positive attributes
- To identify collective strengths
- To practice thinking and writing as a group

## MATERIALS

- Download from **BUILDING INTENTIONAL COMMUNITIES.COM**:
  - **TEAM RÉSUMÉ TEMPLATE** (one copy for each group of four to six participants)
  - **PERSONAL QUALITIES CARDS** (make three sets and cut them out)
- Index cards
- Pens and pencils

## SETUP

- Eliminate any cards you feel won't resonate for your group.

## INSTRUCTIONS

1. **Distribute an index card and a pen** to each participant.
2. **Spread** around the **PERSONAL QUALITIES CARDS** on the floor of the room.
3. Ask each participant to **walk** around the room and **select up to three cards** they feel represent some of the **best qualities** they bring to the group.
4. Have each participant **find a partner**.
5. Have partners **work in pairs** and **share** with each other **two** of the cards they chose; ask them to **share one thing that wasn't on a card** (e.g., "I'm a great speller"; "I'm never afraid to ask questions"; "I stand up for others"; etc.). Have them **write** these on their **index card**.

CONTINUED



## Team Résumé continued

6. Next, have each pair **merge with two other pairs** to create **groups of six**. *(If you already have workgroups formed have, ask them to do this with their assigned group rather than in random pairings.)*
7. Explain that each group will now **create a Team Résumé**.
8. Explain that this will allow the groups to **focus on collective strengths** by brainstorming **collective values** and using

personal and professional characteristics to define the **strength of the group**.

9. **Distribute** the **TEAM RÉSUMÉ TEMPLATE** and give participants **fifteen to twenty minutes** to fill it out.
10. **Call, "Time,"** and ask each group to **report** back and **share** their team strengths by saying, "**We can,**" rather than, "**I can.**"

## DEBRIEF

- What was most challenging about this activity?
- What did you like about this activity?
- What was it like to work together as a team?
- Did your team divide up roles or responsibilities?
- What was your role?
- What did it feel like to speak for the whole group?