

Stoplight

Activities for Discussion, Reflection, Evaluation

ICEBREAKERS AND TEAM BUILDERS TO BUILD COMMUNITY

OBJECTIVE

- To reflect on an activity
- To consider positives, challenges, and suggestions for improvement

MATERIALS

- Pens or pencils
- Red, green and yellow Post-its
- One red poster board
- One yellow poster board
- One green poster board

SETUP

- To prep for this activity, the facilitator should make a jumbo traffic light by cutting out three large circles from poster board in red, yellow, and green. Stick these three circles on the wall or on the floor.

INSTRUCTIONS

1. **Explain** to participants that **it is important that the group have ways to evaluate and reflect at the end of each day**. Share that **the stoplight will be one tool** they can use to do this.
2. Give each participant **a pen and three Post-its** (one of each color).
3. Ask each participant to **reflect** on the things they have learned in the activity/class that you have just completed.
4. Ask them to **think of one response to the following prompts**, and **place** on the stoplight:
 - **ON THE RED POST-IT:** Write an idea of one thing you didn't like about this class/activity

CONTINUED



Stop Light continued

- **ON THE YELLOW POST-IT:** Write an idea that you want to think about further.
 - **ON THE GREEN POST-IT:** Think of something you will do as a result of what you have learned from the activity/class.
5. Have participants **populate the traffic light** with their ideas.
 6. Have a few volunteers **read** out some of the ideas in each circle.
 7. **Discuss** the reflections as a group.

DEBRIEF

- None. *(As this is a debrief activity it needs no debrief.)*