

Sign Up Here

Activities to Establish Community

ICEBREAKERS AND TEAM BUILDERS TO BUILD COMMUNITY

OBJECTIVES

- To learn about one another's interests
- To create opportunities for youth to have voice and choice

MATERIALS

- Chart paper
- Tape
- Pens or pencils
- Download **SIGN UP HERE DISCUSSION QUESTIONS** from **BUILDINGINTENTIONAL COMMUNITIES.COM** and select your favorite questions.

SETUP

- Create a T-chart on chart paper.
- Select a question from the handout, and write it on the left side of the T-chart. Then write the corresponding question on the right side of the T-chart. See example below.

SIGN HERE IF YOU LIKE TO SPEAK OR PERFORM IN PUBLIC.	AND NOW SHARE WHAT GROUP(S) HAVE YOU SPOKEN TO OR PERFORMED IN FRONT OF?

- Create four to six T-charts with different questions from the handout, and hang them around the room.

INSTRUCTIONS

1. Explain that you want to **create space for participants to lead conversations and build relationships**.
2. Instruct participants to **walk around the room and read the sign-up options** on the walls.
3. Explain that they should **sign their name** on any of the sheets that represent topics in which they have an interest and then **write a response** on the right side of the paper.

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Sign Up Here continued

4. After everyone has had a chance to sign the sheets, ask participants to **go to one of the posters they put their name on**. Encourage participants to **spread out** so that there is roughly the same number of people in each group.
5. Ask participants to **chat in small groups** about what they wrote on the poster.
6. After about **ten minutes**, ask participants to **move to another poster** they signed their name on. This should create a new small group of people at different posters.
7. **Repeat** the short discussion process for about **ten minutes**.
8. Explain how **these skills are important for building community** and how **each of them will contribute their interests and skills** to making the group stronger.

DEBRIEF

- **How many different interests are represented in the group?**
- **Which chart had the most and the least responses from this group?**
- **What does this say about the group as a whole? What themes or patterns emerged?**
- **Name one shared interest that you and another group member have that you did not know about before this activity.**
- **If you could add only one topic to these sheets, what would it be?**