

Paper-Plate Hat Tricks

Activities to Facilitate Connections

ICEBREAKERS AND TEAM BUILDERS TO BUILD COMMUNITY

OBJECTIVES

- To practice encouraging and supporting one another
- To assess the connection between how we feel and how we learn

MATERIALS

- Download **PAPER HAT INSTRUCTIONS HANDOUT A AND B** from **BUILDING INTENTIONAL COMMUNITIES.COM**. Make one copy for every pair of participants in your group.
- Paper plates
- Pens

SETUP

- None

INSTRUCTIONS

1. Divide participants into **two groups**.
2. **Distribute paper plates and a marker** to each participant.
3. Explain to participants that they will engage in **a drawing challenge over two rounds**.
4. For the **first round**, one person in each pair will **volunteer to be the DRAWER** and **the other will be the READER**.
5. **Distribute PAPER HAT INSTRUCTIONS HANDOUT A** to each reader.
6. Explain that the **READER will read off a set of instructions** from their handout.
7. The **DRAWER will place their paper plate on top of their head and draw** according to the **READER's** instructions.
8. When they are finished, ask participants to **remove** their paper plates from their heads and **look** at their masterpieces.

CONTINUED



Paper-Plate Hat Tricks continued

9. Ask the pair to **work together** and **use the scoring matrix** on the handout to score the first drawing.
10. After tallying the score, partners should **switch roles**.
11. **Distribute PAPER HAT DRAWING INSTRUCTIONS HANDOUT B** to the new **READER**.
12. Ask pairs to **repeat** the process.

DEBRIEF

- **What did you like about this activity?**
- **There were two types of scoring questions on the matrix—what were they?**
- **How were the types of scoring different?**
- **How is your work impacted by your beliefs, attitude, and other people's encouragement?**
- **What are some things you can tell yourself when you are working on something challenging?**